

6th Form BTEC Sport Handbook



A Post 16 Subject Guide 2019

BTEC Sport Department

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Course information

Pearson BTEC Level 3 National Extended Certificate in Sport (360 GLH) (601/7218/6)

Who is this qualification for?

The Pearson BTEC National Extended Certificate in Sport is an Applied General qualification for post-16 learners who want to continue their education through applied learning and who aim to progress to a range of higher education and ultimately employment in the sport sector.

What does this qualification cover?

Everyone will study **three mandatory** units, covering the following content areas:

- **Anatomy and Physiology**
- **Fitness Training and Programming for Health, Sport and Well-being**
- **Professional Development in the Sports Industry**

Learners choose **one optional unit** from a range, which has been designed to support choices in progression to sport courses in higher education, and to link with relevant occupational areas.

Recommended Prior Learning

- GCSEs at grade 9-4 (including Science, PE and English)

Qualification, size and purpose at a glance

Title	Size and structure	Summary purpose
Pearson BTEC Level 3 National Extended Certificate in Sport	360 GLH Equivalent in size to one A Level. 4 units of which 3 are mandatory and 2 are external. Mandatory content (83%) External assessment (67%)	A broad basis of study for the sport sector. This qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.

Key

 Unit assessed externally	 M Mandatory units	 O Optional units
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Unit (number and title)	Unit size (GLH)	Extended Certificate (360 GLH)
1 Anatomy and Physiology	120	M
2 Fitness Training and Programming for Health, Sport and Well-being	120	M
3 Professional Development in the Sports Industry	60	M
4 Sports Leadership	60	O
5 Application of Fitness Testing	60	O
6 Sports Psychology	60	O
7 Practical Sports Performance	60	O

Expectations and Workload

The guided learning hours for the National Extended Certificate in Sport is 360 GLH. To achieve this you will have four 1 Hour lessons per week over 2 years. You will have specific study periods, where you will be expected to research or write up coursework. There will be revision materials for the examined units provided. Deadlines MUST be kept, so that each unit can be completed on time. You will be given one opportunity to re-draft any coursework that you would like to move towards the next grading criteria. Working at home is essential to each student reaching their full potential. Any issues need to be raised with Mr Rees or Mr Pettifer.

How is the course assessed?

Learners achieving a qualification will have achieved across mandatory units including external and synoptic assessment. Units are assessed using a grading scale of Distinction, Merit, Pass and Unclassified.

External Assessment

Each assessment is taken under specified conditions, then marked by Pearson and a grade awarded. Learners must achieve a grade pass or above and they can re-sit any exam once during their programme of study.

Unit	Type	Availability
Unit 1: Anatomy and Physiology	<ul style="list-style-type: none">• Written examination set and marked by Pearson.• 1.5 hours.• 80 marks.	Jan and May/June First assessment May/June 2017
Unit 2: Fitness Training and Programming for Health, Sport and Well-being	<ul style="list-style-type: none">• A task set and marked by Pearson and completed under supervised conditions.• In Part A, learners will be given a case study one week before a supervised assessment period in order to carry out preparation.• In Part B, the supervised assessment period is 2.5 hours as timetabled by Pearson.• Written submission.• 60 marks.	Dec/Jan and May/June First assessment May/June 2017

Internal Assessment

This will be assessed through coursework assignments that are marked internally with external standards verification.

What could this qualification lead to?

This qualification is a two-year study programme of learning and is equivalent to one A Level. Learners will develop the transferable and higher-order skills that are highly regarded by higher education and employers. For example, evaluation, analysis, teamwork and leadership skills.

The qualification carries UCAS points and, when taken alongside another Level 3 qualification, it is recognised by higher education providers as contributing to meeting admission requirements for many relevant sport science or related courses, for example:

- BA (Hons) in Sport and Business, if taken alongside A Levels in Business and Maths
- BSc (Hons) in Sport Psychology, if taken alongside a BTEC Extended National Extended Certificate in Applied Science and A Level in Psychology

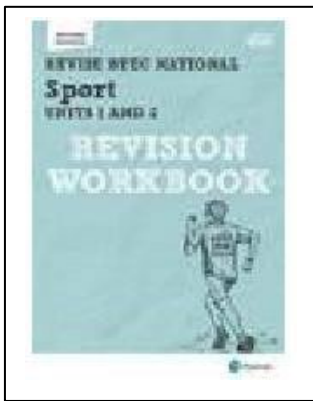
- BA (Hons) in Sport and Exercise Science, if taken alongside a BTEC National Diploma in Applied Science

Learners should check the entry requirements for degree programmes with specific higher education providers.

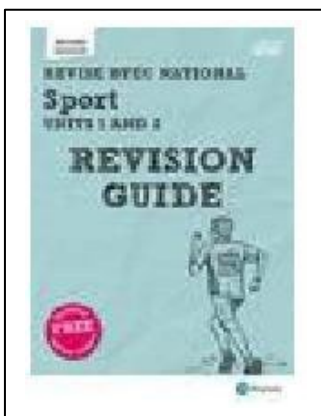
How can I find out more?

Ask your careers teacher or advisor for more information or see the Edexcel website www.edexcel.org.uk

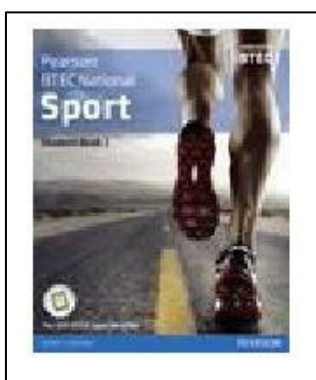
Resources



- Revise BTEC National Sport Units 1 and 2 Revision Workbook
- Publisher: Pearson
- Author: Kelly Sharp, Sue Hartigan
- ISBN: 9781292230603
- This Revision Workbook delivers hassle-free hands-on practice for the externally assessed units.



- Revise BTEC National Sport Units 1 and 2 Revision Guide
- Publisher: Pearson
- Author: Sue Hartigan, Kelly Sharp
- ISBN: 9781292230535



- BTEC Nationals Sport Student Book 1 + Activebook
- Publisher: Pearson
- Author: Adam Gledhill, Richard Taylor, Louise Sutton, Matthew Fleet, Chris Manley, Alex Sergison, Chris Lydon
- ISBN: 9781292134000

How does the qualification provide employability skills?

Employability skills that will be practiced throughout the course are,

- **Cognitive and problem-solving skills:** use critical thinking, approach non-routine problems applying expert and creative solutions, use systems and technology
- **Intrapersonal skills:** communicating, working collaboratively, negotiating and influencing, self-presentation
- **Interpersonal skills:** self-management, adaptability and resilience, self-monitoring and development