



WELLNESS
AMBITION
TOGETHERNESS
CONFIDENCE
HONESTY

CHOSEN HILL SCHOOL & SIXTH FORM

Mr M Pauling, Headteacher

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Registered Office

22nd June 2026

Dear Parents and Carers

Following the latest weather forecasts and public health guidance, Chosen Hill School has moved to a Level 4 on our Extreme Heat Management Plan for Wednesday and Thursday whilst the 'Red Weather Warning' is in effect.

A Level 4 plan is implemented when exceptional heat conditions pose a severe risk to health and wellbeing, with the potential for significant disruption to normal daily activities. At this level, prolonged high daytime and overnight temperatures can lead to serious health impacts, particularly for vulnerable individuals and additional protective measures are required to ensure the safety of students and staff.

The safety and wellbeing of our school community remains our highest priority and having assessed the expected rise in temperature through this week and in consultation with other schools in the area:

Tomorrow, Tuesday 23rd June – School will be open and the day will run as normal from 8.25am to 3.05pm with the measures outlined below in effect.

Wednesday 24th June – School will be closed all day

Thursday 25th June – School will be closed all day

Friday 26th June – School will be open and the day will run as normal from 8.25am to 3.05pm with the measures outlined below in effect.

Whilst we recognise the short notice and the implication on families, this is an extreme event from which advice has evolved over the last 24 hours and in order to ensure the safety of students the closures, whilst regrettable, I believe are necessary.

For those vulnerable students who will need to remain in school, we will contact parents/carers directly over the next 24 hours.

For Tuesday and Friday when school is open, please see below the adjustments that will be in place.

For Wednesday and Thursday, work will be set by staff for students to complete at home.

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Adjustments in Place When School is Open on Tuesday and Friday:

Learning Environment

- Teaching will continue wherever possible in the coolest available areas of the school.
- Some lessons may be relocated or adapted to reduce physical exertion.
- Rooms experiencing excessive temperatures may be taken out of use where alternative accommodation is available.
- Staff will monitor classroom conditions and student wellbeing throughout the day.

Outdoor Activities

- Outdoor activities will be significantly restricted.
- PE lessons, sports fixtures, practices and other strenuous physical activities will be cancelled, postponed or replaced with low-intensity indoor activities.
- Students will be encouraged to remain in shaded indoor areas during break and lunchtime where possible.

Hydration and Wellbeing

- Students will be permitted and actively encouraged to drink water throughout lessons.
- Water refill stations will remain available and students should bring a refillable water bottle. Students will be encouraged to refill their bottles during breaks/lunch and between lessons.
- Members of staff will be vigilant for signs of heat exhaustion or heatstroke.

Temporary Uniform Adjustments

To help students remain comfortable and safe during this period of extreme heat, students will be permitted to attend school wearing their Chosen Hill School PE kit. The current plan would be to return to full uniform on Monday 29th June when the weather returns to more 'normal' temperatures.

Students choosing this option should wear:

- The full, Chosen Hill School approved PE kit, including footwear, as outlines in our dress code.
- No non-uniform sportswear or branded leisurewear.

Students may also:

- Wear hats when outdoors.
- Bring sunglasses for use during social times outdoors.

We believe these temporary adjustments will help students remain cool and focused on their learning while maintaining a smart and consistent appearance.



How Parents and Carers Can Help

Please ensure that your child:

- Brings a full water bottle to school each day.
- Applies sunscreen before arriving at school.
- Brings additional sunscreen if reapplication may be needed.
- Has a hat for outdoor use.
- Eats a nutritious breakfast and remains well hydrated before leaving home.
- Wears the adjusted school uniform (i.e. no blazer/tie) or the approved Chosen Hill School PE kit.

Signs of Heat-Related Illness

Students should immediately report any of the following symptoms to a member of staff:

- Dizziness or fainting
- Severe headache
- Nausea or vomiting
- Excessive tiredness
- Muscle cramps
- Confusion or disorientation
- Hot, flushed skin

If a student becomes unwell during the school day, parents and carers will be contacted and asked to collect their child if necessary.

We appreciate your support and understanding during this period of exceptional weather. By working together, we can ensure that all students remain safe, healthy and able to learn effectively despite these challenging conditions.

Please see the link below for further advice from Gov.UK:

<https://www.gov.uk/government/publications/beat-the-heat-hot-weather-advice/beat-the-heat-staying-safe-in-hot-weather>

Yours faithfully

A handwritten signature in black ink, appearing to read 'M Pauling'.

Matthew Pauling
Headteacher