

**Alternative Academic Qualification
(AAQ)**

Health & Social Care Bridging Tasks

What will I be studying?

Exam units

Unit 1: Human Lifespan and Development Level

Unit in brief Students examine physical, intellectual, emotional and social development across the human lifespan, the interaction between biological and social factors in health and well-being and how health care professionals provide effective care.

A: Human growth and development through the life stages A1 Physical, Intellectual, Emotional and Social development at each life stage. Students will explore holistic development. They will understand the relationship of the different areas of development and the effect they have on each other.

B: Factors affecting human growth and development across each life stage. Students will explore the different factors that can positively and negatively affect an individual's holistic growth and development.

C: Health and social care promotion, prevention and treatment at different life stages. Students will explore the prevalence of the stated health conditions within the following life stages.

Assessment- 90 minute external exam consisting of 80 marks

Unit 2: Human Biology and Health

Unit in brief Students explore the organisation, structure and normal physiological functioning of the human body, and the effect on health of common disorders of the body systems.

A: Organisation of the human body. Students will know and understand the organisation of the human body.

B: Body systems. Students will know and understand the structure and normal physiological functioning of the body systems and their organs.

C: Disorders of the body and effect on body systems. Students will know and understand how disorders can affect various body systems, including the primary and secondary effects on those systems.

Assessment- 90 minute external exam consisting of 80 marks 2

What will I be studying?

PSA Units

Unit 3: Principles of Health and Social Care Practice

Unit in brief Students focus on the principles that underpin meeting the care and support needs of individuals, which are the foundation of all services within health and social care

A Understand the principles of health and social care practice which underpin meeting the care and support needs of individuals

B Examine how organisation, legislation and guidance inform practice in health and social care

C Examine how social determinants affect the health status of individuals and the importance of equality, diversity and inclusion in practice.

Assessment: PSA (internal assessment) duration 12 hours

Unit 5: Promoting Health Education

Unit in brief Students explore the purpose of health education, models and approaches to educating the public and encouraging behaviour change in the population.

A Understand the purpose of health education

B Explore key issues and priorities for health and the factors that affect health and wellbeing

C Examine approaches to health education campaigns and their impact on health and wellbeing

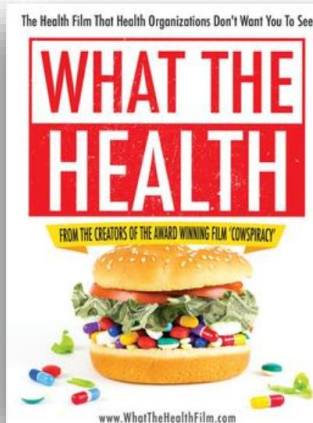
Assessment: PSA (internal assessment) duration 17 hours

NETFLIX

Babies



What the Health



**Louis Theroux:
Extreme love,
Dementia**



Five Feet Apart



Brain on Fire



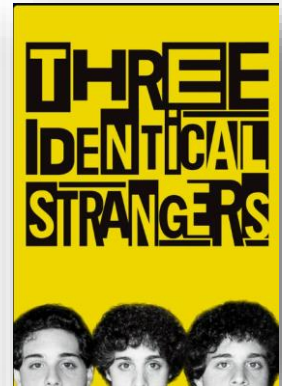
Theory of Everything



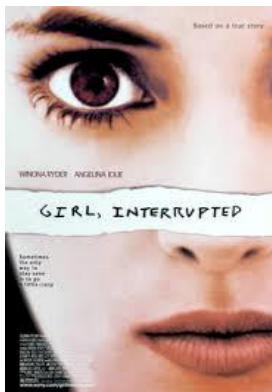
**Humans;
Body Systems**



Three identical strangers



Girl, interrupted



Call the Midwife



13 Reasons Why



The Game Changer (2018)



Recommended Watching for Health & Social

Not NETFLIX

Rhod Gilbert's
Work Experience



Katie Price;
Harvey and Me



Inside our
Minds



Stacey Dooley
9-5 Care
Home



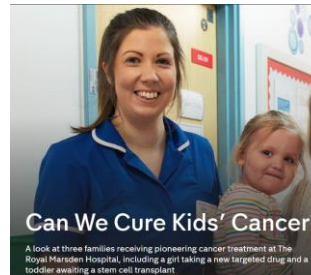
24 hours in
A&E



Born to be
different



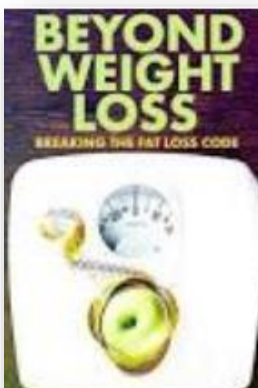
The Royal
Marsden



Losing it: Our
mental health



Beyond weight
loss



The Upside



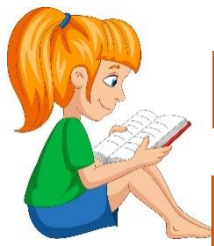
ALLELUJAH



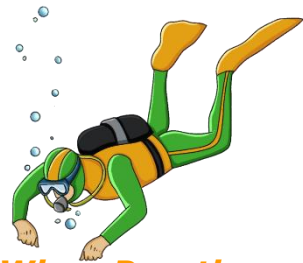
Miss you
Already



No Netflix paid account



Dive into a book

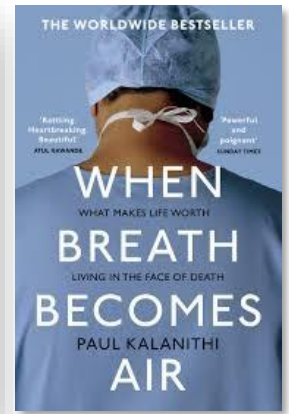
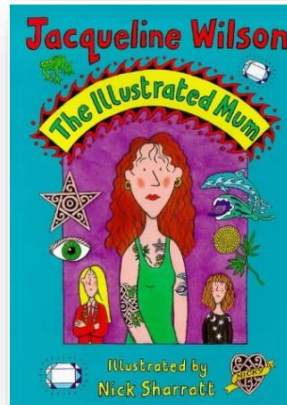
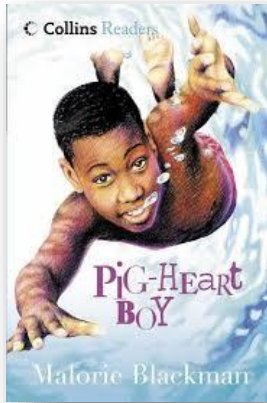


Pig Heart Boy by Malorie Blackman

The Illustrated Mum Jacqueline Wilson

This is Going to Hurt by Adam Kay

When Breathe becomes Air by Paul Kalanithi

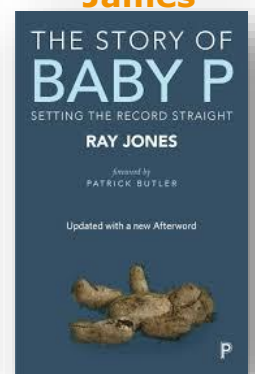
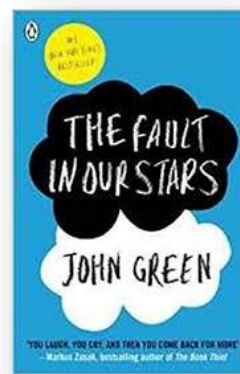
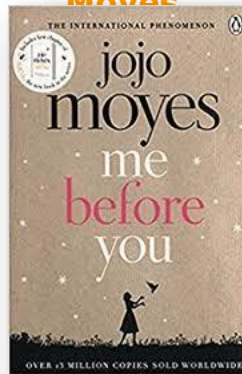


The Hate U Give by Angie

Me Before you by Jojo Moyes

The Fault in Our Stars by John Green

The Story of Baby P by Ray James

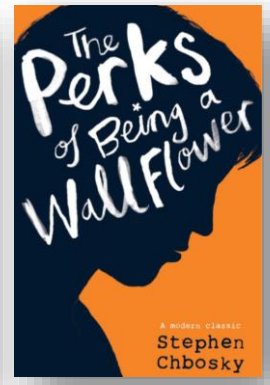
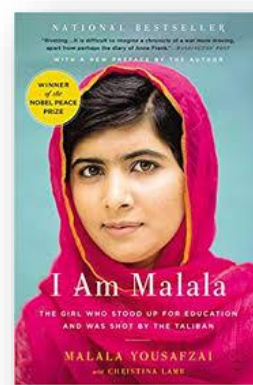
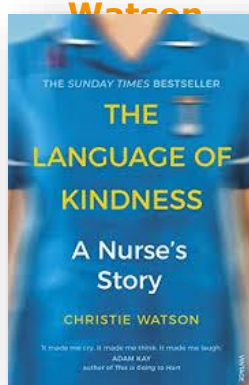
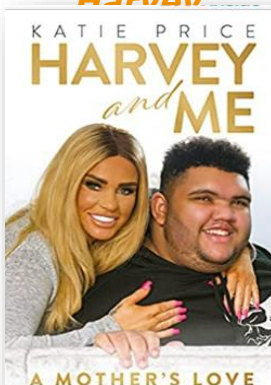


Katie Price; Harvey

The Language of Kindness by Christie Watson

I am Malala by Malala Yousafzai

The Perks of Being a Wallflower



Recommended Reading for Health & Social Care
Yes, some of these are also films, if you prefer!

Further
Reading



Follow

Social Media

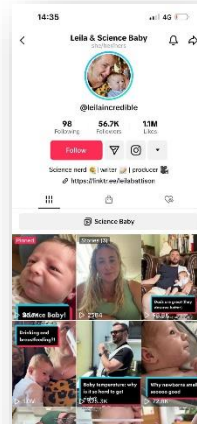
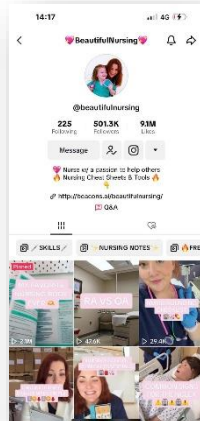


Follow

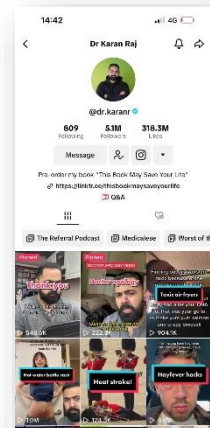
@midwifemama



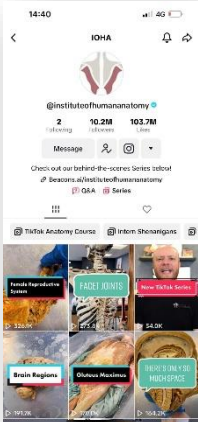
@beautifulnursing @leilaincredible



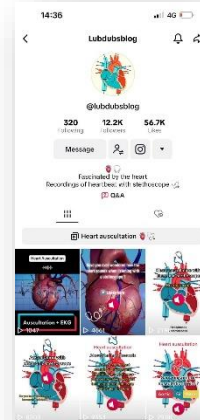
@dr.karanr



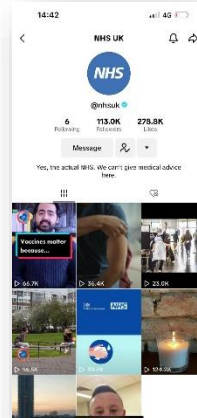
@instituteofh
umananatom



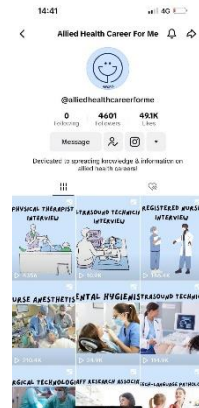
@lubdubsblog



@nhsuk



@alliedhealthcaref
orme



Instagram Nurses.co.uk

@nursezara_uk



nurses.co.uk Follow Message
1,518 posts 21.8K followers 2,210 following
Nurses.co.uk
Medical & health
The No.1 Nursing Jobs & Careers Site
linktr.ee/NursingCommunity



If you have any others, you think are good, let us know 😊



Health and Social Care in the Media



It is important to have a ***broad understanding*** of health care and social issues which affect services and professionals working for the NHS. One way of raising your awareness is to ***prepare you before your course*** starts with summer learning using different forms of media.

Your task is to pick...

- 2 Films
- 1 Book
- 2 Documentaries

You are then tasked with writing a **handwritten** report which is to be a **minimum of half side of A4 page per item** with the following title:

'Discuss the issues [in the film/book or documentary] and impact on health care provision'

THIS SHOULD NOT BE TYPED.

You must watch or read using examples on the previous slides or another media resource relevant to your learning.

Consider the following:

- What issues, if any, are being raised in the stimulus? E.g. dementia
- How does the stimulus present health? E.g. care for people with dementia
- Explain why the topic of the media source is relevant to your learning and whether you think it is helpful and why?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read – it would be lovely to share with us all.

This will be submitted in your first Health and Social Care lesson.

Learning Log

Record here any additional reading/viewing you are undertaking in order to show what you have been completing in order to prepare you for the course. Use the reading list on the previous slides you have been given for guidance on what you could you watch/read/research

You may use your own template if you wish.

Date	Title	Summary of content	My thoughts



Task: Research and define the following words which are words you will need to use correctly. Then, end column summarise the term visually to help you remember it. **You may create your own template if you wish.**

Term	Definition	Pic/image/draw
Adolescence		
Advocate		
Attachment		
Care package		
Safeguarding		
Discrimination		
Diversity		
Empathy		
Ethical		

GLOSSARY

Term	Definition	Pic/image/draw
Person-centred care		
Care values		
Holistic Approach		
Multi-disciplinary team		
Physiology		
Health and care legislation		
Risk Assessment		
Meeting people's needs		
Self-Esteem		

An information leaflet task

Research the government recommendations for the below lifestyle factors, pick one and produce an educational information leaflet;

- Alcohol units
 - Exercise
 - Hydration
- Nutritional diet
 - Sleep
 - Smoking
- Prescription and illegal drugs

This will be submitted in your first Health and Social Care lesson.



Submission Checklist

- ☐ **5 x 1/2 A4 page (minimum) reviews (handwritten)**
- ☐ **Completed keyword list with picture**
- ☐ **Information leaflet (may be word processed)**

Optional

- ☐ **Learning log of additional reading /watching/listening**

To be submitted in the first lesson of Health and Social Care