

BTEC Level 3 Sport (NCF)



BTEC Level 3 Sport (QCF) Single Award & Double Award National Extended Certificate

Overview of Course

Option 1: Complete the single award which is equivalent to one A-Level qualification.

Option 2: Complete the double award which is equivalent to two A-Level qualifications.

Single Award consists of the following units:

Unit 01: Anatomy and Physiology (120) - Externally assessed through an exam. (Three attempts)

Unit 02: Fitness training and programming for Health, Sport & Wellbeing (120). Assessed through a controlled assessment activity. (Three attempts)

Unit 03: Professional Development in the Sports Industry (60) - Coursework based.

Unit 07: Practical Sports (60) – Coursework and Practical based.

Double Award consists of the units above alongside the following units

Unit 04: Sports Leadership (60) – Coursework & Practical based.

Unit 05: Application of Fitness Testing (60) – Coursework based.

Unit 12: Self Employment in the Sports Industry (60) – Coursework based.

Unit 13: Instructing Gym-based Exercise (60) – Coursework & Practical based.

Unit 14: Exercise and Circuit Based Physical Activity (60) – Coursework & Practical based.

Unit 18: Work Experience in Active Leisure (60) – Work Experience Placement.

Career Paths

Many students go on to study sport at degree level. Popular University pathways are 'Sports Education', 'Sports Coaching' and 'Outdoor Education'. The studies prepare students well for the independent learning styles of University.

ENTRY REQUIREMENTS:

BTEC PE- Pass or above.

GCSE Grade 9-4 in Maths and English

Grade 9-5 in PE

Evident enthusiasm
in sport in general.